



# Peace Notes

PEACE LUTHERAN CHURCH OF PLYMOUTH, MINNESOTA

Volume 24, Issue 12 | December 2019

## Celebrate Advent and Christmas at Peace!

Greening of the  
Church

Sunday, Dec 1st  
9:00 am



Music Festival  
"Good Tidings of  
Comfort and Joy"

Sunday, Dec 15th  
9:00 am



A Bluegrass  
Christmas!

Sunday, Dec 22nd  
9:00 am



Special Musical  
Guest: 29:11

Sunday, Dec 29th  
9:00 am



All Are Welcome Here  
Invite Your Family & Friends!

Cross Generational  
Christmas Pageant  
"Light of the World"

Sunday, Dec 8th  
9:00 am



Christmas Eve Worship  
With Holy Communion

Tuesday, Dec 24th  
4:30 pm





## CHRISTMAS WOMEN'S TEA

The Annual Christmas Women's Tea is on Saturday, Dec 14 from 10a– noon at Peace. Invite your friends and family to join us as we enjoy the beautifully set tables, delicious treats, and lovely music. And, be inspired by Grace Pardun Alworth as she shares her thoughts on this year's theme, "Darkness and Light." We will collect donations of books and toys for *Bloom Early Learning and Child Care's* second child care center that recently opened in Plymouth. (*Bloom* has a baby registry at Target and Amazon.) Checkout the display in the gathering space to register, volunteer or contact Lisa Novak at: [lnovak1@comcast.net](mailto:lnovak1@comcast.net).



## [ Thank You ]

FROM SONDRA WEINZIERL:

*I am so grateful to all of you who made my last Sunday at Peace so memorable! Thank you for the wonderful notes and gifts, hugs and kind words. It has been such an honor to be a part of the Peace family and I treasure the times I've spent with you. Know that you will be in my prayers and heart forever!*

Sondra

## A Bluegrass Christmas Sun, Dec 22, 9:00a



Join us  
for an  
unforgettable  
worship  
experience!

# 29:II

MUSIC OF SOUTH AFRICA

Sunday,  
December 29

# Celebrate Advent and Christmas at Peace!

All are welcome here. Invite your friends and family!

Check it out at: [peaceofplymouth.org/worship](http://peaceofplymouth.org/worship)



## Greening of the Church

**Sun, Dec 1, 9:00a**

It wouldn't be Christmas without all of the traditions and preparation we undertake during Advent. Come for the annual Greening of the Church, where we await the coming of Christ and remember the reasons behind our beloved traditions.



## ROSS+Generational Christmas Pageant

**Sun, Dec 8, 9:00a**

Once again we tell the story of Jesus' birth and all his visitors. Complete with costumes and music, we light our candles and celebrate that Christ is the "Light of the World."

→ Cookie reception following.

## Christmas Music Festival - "Good Tidings of Comfort and Joy"

**Sun, Dec 15, 9:00a**

The prophets foretold Christ's coming and we shall sing and ring out the good news! Come to enjoy all of the music ensembles at Peace who will proclaim "Good Tidings of Comfort and Joy."



## A Bluegrass Christmas

**Sun, Dec 22, 9:00a**

The *Peace Pickers*, Inger Trooien, Natalie Nantke, and Kurt Teich, return to Peace with their instruments for a Sunday of Christmas and Advent music, bluegrass style!

You won't want to miss it!

## Christmas Eve

**Tue, Dec 24, 4:30p**

It's the night of Jesus' birth. Join the traditional service of readings from Luke, and music by the Adult Choir, including a candle-lit Silent Night.



## Special Musical Guest - 29:11

**Sun, Dec 29, 9a**

**A special musical treat is coming to Peace!**

Continue your celebration of Jesus' birth with a South African ensemble of musicians and singers named 29:11. The group's name comes from Jeremiah 29:11 and they shine with joyful music and energy while sharing their message of reconciliation, forgiveness and hope. Remember to invite guests— family who may be visiting, friends, and neighbors.



# Updates & Notices

## STAFFING UPDATES

### ***Faith Community Nurse***

Peace continues to advertise for a person to foster the relationship between faith and health. Word of mouth is often the best resource so please invite people you know to check out the Peace website for information, or email Lisa Novak at [careers@peaceofplymouth.org](mailto:careers@peaceofplymouth.org).

### ***Communications Specialist***

Peace's experiment of having an off-site person do some of the communications work is still in process. We seek to use technology to work smarter while preserving the power of person-to-person interaction. The church office hours are Tuesday and Wednesday 10:30am-5pm. Pastor Kjell can be reached Sunday-Thursday at [kjell@peaceofplymouth.org](mailto:kjell@peaceofplymouth.org) or 763-571-2919 in case of emergency 24/7.

## NEW SANCTUARY LIGHTS

Did you notice a change in the Sanctuary?? Thank you to Dave Forsberg, Tim Hughes, Jack Bacon, Mark Stavrum and Mark Weinhandl for doing the difficult task of changing every light bulb in the Sanctuary at Peace! Now that those lights have been updated to LED's, it's a good time to think about switching out your old bulbs at home. LEDs last at least 15x longer and use about 90% less energy than traditional bulbs.

## COMMUNICATIONS

Want to get an announcement into the weekly bulletin?

Email [chris@peaceofplymouth.org](mailto:chris@peaceofplymouth.org) by Tuesday 5pm.

Want to get an announcement into the monthly newsletter?

Email [chris@peaceofplymouth.org](mailto:chris@peaceofplymouth.org) by the 5th of the previous month.

## PRAYER REQUESTS

If you have prayer requests you can send them to [prayer@peaceofplymouth.org](mailto:prayer@peaceofplymouth.org) and they will be added to the prayer chain email. If you would like to receive the prayer chain emails sign-up under "News & Events" at [peaceofplymouth.org](http://peaceofplymouth.org)

## END OF YEAR GIVING

Thank you for your generosity in 2019! In the past some of your giving has included an end of year donation. The office will be open until noon on Dec 31 and any gifts received will be deposited in 2019.

## SUNDAY SCHOOL SUBSTITUTES ARE NEEDED

Contact Melissa Weinhandl for more information. [mlweinhandl@gmail.com](mailto:mlweinhandl@gmail.com)

## VISION TEAM

The Vision Team is reading the data from the Congregational Vitality Survey and will communicate that information in the January Newsletter. Thank you to all who filled out the survey!

# Surviving the Holidays

## from the ELCA's Portico Health Benefits

1. ***I overeat at gatherings:*** Hydrate! Increase your water intake as early as the day before. On the day of, eat normally. Skimping on meals will only lead to more hunger at the party. An hour before, consider a healthy snack, like nuts, to help tide you over. When the time comes, fill your plate with the healthiest foods first—fruits, veggies, low-fat proteins. Use any remaining space for sampling holiday goodies.
2. ***I'm too busy to focus on my health:*** The holidays can be crazy busy, but remember, exercise helps you focus and de-stress! Even taking a few minutes to go up and down a few flights of stairs or do a couple of sets of curls with light weights can boost your energy level and help you improve your outlook for the day.
3. ***I'm dreading the holiday blues:*** You're not alone! This is a very common way to feel and that's okay. Remember to take time for yourself now and then. Sometimes even a bit of sunshine or exercise can help lift you up.

## National Lutheran Choir Christmas Festival: Gloria!

This holiday season...come find your *home* for exquisite music. This cherished annual event creates a holy experience for audiences and memories that last a lifetime. Families, groups of friends, and those seeking contemplation and beauty during the darkest days of the year will find light, love, and reverence for the birth of the Christ child at the National Lutheran Choir Christmas Festival. This year, the story of the Angel's song "Gloria" is brought to life through an array of poetry, festive carols, and exquisite choral arrangements by Pavel Chesnokov, Stephen Paulus, F. Melius Christiansen, Kyle Pederson, Gwyneth Walker, Bob Chilcott and more, all in the unsurpassed beauty of the Basilica of Saint Mary.

**Friday, December 13, 4:30pm and 8pm**

**Saturday, December 14 – NEW TIME @ 1:30pm and 8pm**

**Basilica of Saint Mary, 1600 Hennepin Avenue, Minneapolis**

**Tickets:** Adults and Seniors \$33 | Students and Children FREE | **Discounts available for groups of 10 or more.**

For tickets and more information, please visit [NLCA.com](http://NLCA.com), (612) 722-2301, or contact Stefanie Fiser Kleven, who sings in the ensemble. [stefanie@peaceofplymouth.org](mailto:stefanie@peaceofplymouth.org)

Tickets may be available at the door on the day of the concert - please check [NLCA.com](http://NLCA.com) for the latest ticket information. Discounted ticket prices are available for groups of 10 or more. Contact the NLC office at 612-722-2301 for more information on group tickets.

The National Lutheran Choir, under the direction of David Cherwien, seeks to strengthen, renew and preserve the heritage of sacred choral music through the highest standards of performance and literature. To learn more about the choir, visit [NLCA.com](http://NLCA.com) and Facebook, Twitter and YouTube **@NLChoir**.



## Interfaith Outreach Sleep Out

Donations continue through the end of 2019.

Your support makes a difference:

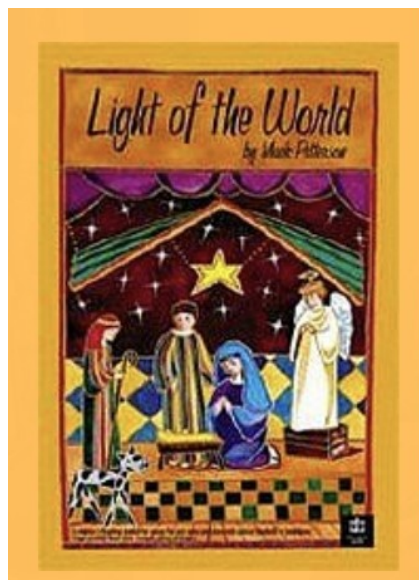
- Made 253 units of affordable rental housing available.
- Helped 2,000 families meet their emergency need for food, transportation, child care and more
- Assist 90 families a month with rent assistance to avoid homelessness
- In the last 23 years homelessness has been prevented 33,272 times

## FAITH IN DAILY LIFE



For years Bunny Rova has been knitting mittens, hats, and scarves for people in need. As a claimed child of God, Bunny uses her gift of knitting to make the world a better place. Learn more about Bunny in the January newsletter.

Pam Johson delivers the mittens to Interfaith Outreach.



# Invitation to WORSHIP

The Christmas season is a time when many people are thinking about church. Many that don't often come to worship would consider coming if invited by someone they know. This Christmas season Peace has a variety of worship experiences. Who is God calling you to invite? A neighbor, co-worker, friend or...



## Save the Date

### Sun, Dec 8

CROSS+Generational Christmas Pageant, 9a

### Sat, Dec 14,

Women's Tea, 10a -noon

### Sun, Dec 15

Christmas Music Festival, 9a

### Tue, Dec 24

Christmas Eve Worship with Holy Communion, 4:30p

### Sun, Jan 5

Communion Assistant Training, 10a

## Activities

### ROMEO BREAKFAST

Monday, December 2 @ 8a, Perkins

### BREWING FAITH

Monday, December 9 @ 4:45p, Rock Elm Tavern

### QUILTING

Thursday, December 12 @ 9a

### WOMEN'S BREAKFAST

Wednesday, December 18 @ 8a, Panera

### KNITTING & NEEDLEPOINT

Thursday, December 19 @ 7p, Panera

### YOGADEVOTION

Mondays @ 5:30p

Saturdays @ 9:00a



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## Peace Lutheran Church Staff

Lead Pastor ..... Rev. Kjell Ferris  
Minister of Music ..... Stefanie Fiser Kleven  
Organist ..... Anne Phillips  
Childcare Specialist ..... Serena Galatz  
Office Manager ..... Chris Bacon

Peace Notes is a monthly newsletter.  
Deadline for submissions is the 5th of the month.





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RETURN SERVICE REQUESTED

# Welcome!

At Peace , people of all ages — children, teens and adults—are a very important part of the faith community. You'll see children in worship, teens serving, and families exploring their faith together in Jesus Christ.

Ministries for all ages help people grow in faith, connect in the community, and share their strengths by serving others.

**At Peace, there is a place for you!**



## Adults:

- Men's & Women's Breakfast groups, Brewing Faith, Hope Circle
- Yogadevotion, Faithfully Fit & Health Forums
- Knitting, Quilting, Bundles of Love and Needlepoint groups
- Adult Choir & Adult Bells
- Serving, Community Garden & Peace Retreat

## Children & Youth:

- Sunday School & Nursery
- Confirmation & Youth Group
- Children's Music Ensemble & Youth Handbells
- Summer Youth Trip & Children's Day Camp

## SUNDAY MORNING

**9:00-10:00am—Worship**

**10:00-11:00am—Fellowship & Education for All Ages**



**Peace is social!**

Find us on Facebook, Twitter and Instagram to stay connected.

**Welcome. Worship. Service.**