

Volume 23, Issue 8 | August 2018

Peace on Parade!



We had a great turn out for the Hamel Parade! Thank you to everyone who helped out! The bubbles and float were a hit, and the marchers had fun - See you for the Plymouth parade on September 22!



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Garden Giving

August 1st marks the first Garden Giving event at Peace. Produce ready for harvest will be donated to Interfaith Outreach. Join us for a free picnic at 6:30pm before the harvest begins. After the produce is brought to IOCP, it's back to Peace for a campfire, songs, and s'mores!

If you miss this one, no worries! There will be more produce to harvest in the fall, so keep an eye out for announcements!



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Renewed Joy

At Peace we know and care for each other and our community across the street and across the globe.

The center of Peace's mission is "being church"- experiencing and embodying the presence of our living Lord. "Being church" is serving the Lord, gathering together in worship, and being sent out into the world for the sake of our neighbor.

Peace is strong. For over forty years, the faithful have created a firm foundation and built the faith home that we enjoy today. We honor their vision by caring for it and building upon it. To remain strong and to strengthen our mission of welcome, worship and service, there are needed upgrades to Peace's house. These needed upgrades not only position us as good stewards of the gifts we have been given, but also move us faithfully into God's future and God's mission in the world.

You are invited to informational meetings at Peace Lutheran to learn more about the Capital Campaign. Please sign up at the Welcome Desk.

Meetings are scheduled for: Monday, August 6 - 7pm | Sunday, August 12 - 10am

Tuesday, August 14 - 2pm | Sunday, August 12 - 10am Tuesday, August 14 - 2pm | Tuesday, August 14 - 7pm

There will be a congregational meeting on August 19 at 10am to vote on the Capital Appeal. Your presence is important.

Generosity - Letting go of fear: Sermon Series Aug. 19 - Sep. 2

Generosity does as much or more for the giver as it does for the one to whom generosity is given. Consider how the following quotations yield a picture of how generosity as a habit, spans cultures and time:

"For it is in giving that we receive." - Francis of Assisi

"That's what I consider true generosity: You give your all, and yet you always feel as if it costs you nothing." - Simone de Beauvoir, French writer

"The wise man does not lay up his own treasures. The more he gives to others, the more he has for his own." - Lao Tzu, Chinese philosopher

Generosity contains a radical idea that is challenging to the human mind - letting go of fear. Join in this three week series as we look at fear's power in our culture and lives, and wonder about generosity's power - most clearly seen in Jesus' love - to free us from fear.



New Busy Bags donated!

A big thank you to Orpha Roig (right) and Debra Bowerman (center) who sewed new busy bags for the children to use during worship. The new bags are all brightly colored with pockets for crayons and pencils. Thanks again Orpha and Debra.

School Supply Drive

Peace is collecting school supplies for Interfaith Outreach. Until August 12, a bin will be in the gathering space, waiting donations of spiral notebooks, 3-ring binders, dry erase markers, pencils, high-lighters and more. A complete list is available at the Information Desk.

"A new school year brings hopeful expectations and a fresh start. But hundreds of families' budgets are stretched so thin they can't afford school supplies. Thank you for setting our kids up for success!" -www.iocp.org

Your donation of school supplies benefits youth in the area whose families struggle to provide these essentials for education. Receiving supplies lessens the stress on families and ensures the children will be able to focus more on their education.

THRIVENT CHOICE - HOW YOU CAN HELP PEACE

For Peace members and friends who are Thrivent members, there may be another way you can give to Peace. Thrivent members are eligible for the Thrivent Choice program based on their insurance premiums, Thrivent volunteer leadership involvement and contract values. If a member meets the criteria, they qualify for Thrivent Choice, which allows members to recommend where portions of Thrivent's charitable outreach funds go. Funding goes a long way at Peace, from programming to building upkeep, and we appreci-

ate the gifts given by members and friends. Thank you!

To recommend Peace, Thrivent members will need to log onto their Thrivent account. Once logged in, you can search for Thrivent Choice in the search bar (top right). Once at the Thrivent Choice site, you will click the link at the bottom of the page to find an organization; type in "Peace of Plymouth, Minnesota." You be prompted as to what to do next on the screen. You can also call Thrivent at 800-847-4836.



Alzheimer's Disease and Dementia

A growing public health issue in the US is the increasing incidence of dementia and Alzheimer's. Today, there are 5.7 million Americans with Alzheimer's dementia, but it is projected that by 2050 that number will rise to 14 million! It is now the 6^{th} leading cause of death affecting 1:10 persons over the age of 65.

While Alzheimer's is the most common cause of dementia, there are several other types, includ-ing:

Vascular dementia Dementia with Lewy bodies Mixed dementia Normal Pressure Hydrocephalus

Warning signs of dementia include: for getting important dates or events; memory loss that disrupts daily life; challenges in solving problems (following a recipe, paying bills); confusion with time and place; problems finding words; decreased judgment (being vulnerable to scams; wearing clothing inappropriate for the weather); changes in mood or personality. Dementia is different than occasionally forgetting a name or misplacing an item. Dementia makes it difficult and sometimes impossible to manage your life without relying on others. While no one wants to face the possibility of dementia, early diagnosis and treatment can be critical because your health care provider may be able to prescribe medication or other therapy to slow down the progression.

Check out the Health Ministry Bulletin board at Peace to learn more about dementia and don't hesitate to talk with me if you have questions or concerns.

To Your Health, Sondra, Parish Nurse

Peace Notes is a monthly newsletter. Deadline for submissions is the 20th of the month. Pastor — Rev. Kjell Ferris

Communication Specialist — Marta Johnson Parish Nurse — Sondra Weinzierl Office Specialist — Chris Bacon Minister of Music — Stefanie Fiser Kleven Organist — Ellen Hacker Childcare Specialists — Brenna Kyllo & Olivia Akhigbe

HOT NEWS

AUGUST



Youth FUNdraiser

AUGUST 28, 11AM - 1PM

Support Peace at the Plymouth Holiday (Cty Rd 24)

BBQ & CAR WASH

"As for me and my house, we will serve the Lord"

-Joshua 24

Capital Appeal

YOU ARE INVITED TO INFORMATIONAL MEETINGS AT PEACE LUTHERAN TO LEARN MORE ABOUT THE CAPITAL APPEAL. Monday, August 6 - 7pm Sunday, August 12 - 10am Tuesday, August 14 - 2pm Tuesday, August 14 - 7pm



There will be a Congregational Meeting on August 19 at 10 a.m. to vote on the Capital Appeal.

Events & Notices

Renewed Joy

You are invited to attend an informational meeting about the Capital Campaign Appeal at Peace Lutheran. A sign up sheet is available at the Welcome Desk. Meetings are scheduled for: Monday August 6, 7p | Sunday August 12, 10a Tuesday August 14, 2p | Tuesday August 14, 7p

Youth & Family FUNdraiser

On August 28, stop by the Holiday Gas Station in Plymouth (Cty. Rd. 24). That day, all sales from the BBQ and car wash from 11am - 1pm will be given to our Children, Youth & Family Committee.

Adult Choir

The first adult choir practice starts August 29 at 7:45pm. New singers are always welcome to join the choir! Please talk to Stefanie Fiser Kleven to find out more details.

Activities

>ROMEO BREAKFAST Monday, August 6 @ 8a; Perkins

>BREWING FAITH Monday, August 13 @ 4:45p Rock Elm Tavern

>QUILTING Thursdays, August 9 and 23 @ 9a

>WOMEN'S BREAKFAST Wednesday, August 15 @ 8a; Panera

>KNITTING & NEEDLEPOINT Thursday, August 16 @ 7p; Panera

>YOGADEVOTION Mondays @ 5:30p

>BUNDLES OF LOVE Thursday, August 23 @ 3pm

Adult Bells

The first adult bell practice starts September 5 at 7pm. If you're interested in participating in bells this year, please contact Nancy Peterson at mnpeter-son@comcast.net.

Congregational Meeting - August 19

There will be a congregational meeting on August 19 at 10am to vote on the Capital Appeal. Your presence is important.

Welcome Sunday - September 9

Come celebrate with Peace on Welcome Sunday, September 9, after worship. There will be Bingo games, food and fellowship. *More details to come.

A Reminder

As we move into our program year we would like to remind everyone that it "takes a village" to keep our building clean. If you are using the coffee area and the Sacristy please remember to clean up these areas afterward; don't leave dishes in the sink, take any food with you that was brought in. The same rules apply to our kitchen, which is used by many groups. Please do not leave food in the refrigerator; make sure all areas are cleaned thoroughly and dishes put away. If you find any mechanical issues with any of the equipment please notify the office. Thank you so much!

PeaceFull Nights Serving Teams

Our PeaceFull Nights serving teams are looking for additional help. Anyone who has not served before and is interested in learning more are encouraged to contact Chris in the office at 763-478-9406. Serving is a fun way to connect to fellow members and enjoy camaraderie! To keep our dinner nights running we need more help; we will mentor and show you how it's done.

AUGUST 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|--|-------------------------|--|--------------------------------------|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 9a Worship with Holy Communion | 8a ROMEOs 5:30p Yogadevotion | 7p Committee Night | | 9a Quilting | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 9a Worship | 4:45p Brewing Faith 5:30p Yogadevotion | | 8a Woman's Breakfast | 7p Knitting & Needlework | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 9a Worship with Holy Communion | 5:30p Yogadevotion <i>Newsletter Deadline</i> | 10a Faithfully Fit | | 9a Quilting 3p Bundles of Love | | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| 9a Worship | | 11a Youth FUNdraiser | 9a Newsletter Help 7:45p Adult Choir Rehearsal | | | |





Peace Lutheran Church 3695 County Road 101 N Plymouth, MN 55446-2907 Peaceofplymouth.org

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Welcome!

At Peace , people of all ages — children, teens and adults—are a very important part of the faith community. You'll see children in worship, teens serving and families exploring their faith together in Jesus Christ.

Ministries for all ages help people grow in faith, connect in the community and share their strengths by serving others.

At Peace, there is a place for you!



<u>Adults</u>:

- Men's & Women's Breakfast groups, Brewing Faith, Hope Circle
- YogaDevotion, Faithfully Fit & Health Forums
- Knitting, Quilting, Bundles of Love and Needlepoint groups
- Adult Choir & Adult Bells
- Serving, Community Garden & Peace Retreat

Children & Youth:

- Sunday School & Nursery
- Confirmation & Youth Group
- Children's Music Ensemble & Youth Handbells
- Summer Youth Trip & Children's Day Camp
- Intergenerational Bible Buddies

SUNDAY MORNING

9:00-10:00am—Worship 10:00-11:00am—Fellowship & Education for All Ages



Peace is social!

Find us on Facebook, Twitter and Instagram to stay connected.

Small for our members, big for our community.

www.peaceofplymouth.org | 763.478.9406 | peace@peaceofplymouth.org