



Peace Notes

PEACE LUTHERAN CHURCH OF PLYMOUTH, MINNESOTA

Volume 23, Issue 7 | July 2018

OUR FAITH BUBBLED OVER!



Almost 50 campers attended Bubble-Mania Day Camp this year! The campers sang songs, learned Bible stories, and made more bubbles than anyone could count. See you next year!



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AS FOR ME AND MY HOUSE, WE WILL SERVE THE LORD
-JOSHUA 24

Renewed Joy

At Peace we know and care for each other and our community across the street and across the globe. The center of Peace's mission is "being church"- experiencing and embodying the presence of our living Lord. "Being church" is serving the Lord, gathering together in worship, and being sent out into the world for the sake of our neighbor.

Peace is strong. For over forty years, the faithful have created a firm foundation and built the

faith home that we enjoy today. We celebrate their ministry by caring for it and building upon it. To remain strong and to strengthen our mission of welcome, worship and service, there are needed upgrades to Peace's house. These needed upgrades not only position us as good stewards of the gifts we have been given, but also move us faithfully into God's future and God's mission in the world.

You are invited to informational meetings at Peace Lutheran to learn more about the Capital Campaign. Signups are available at the Welcome Desk.

Meetings are scheduled for:

Monday, August 6 - 7pm
Sunday, August 12 - 10am
Tuesday, August 14 - 2pm
Tuesday, August 14 - 7pm

Ruth preaching series - July 22-August 12

The book of Ruth shows how the actions of ordinary and even unexpected people such as foreigners and widows can change the course of history for the better. Ruth helps you redefine family, appreciate the significant role of the foreigner and experience the power of redemption.

July 22, Pastor Dave McCarty from Lord of Life Lutheran in Maple Grove, preaching about the **loss and loyalty** of Ruth 1 through the eyes of his two decades of ministry in the Dominican Republic.

July 29, Grace Alworth, seminary student and ceramic artist, preaching the **generosity and hope** of Ruth 2 through the lens of her work with Angel Foundation and making art with children whose families are impacted by cancer.

Aug 5, Pastor Kjell preaching the **daring to act** of Ruth 3 as he reflects on his first four year of ministry at Peace Lutheran Church.

Aug 12, Pastor Peter Geisendorfer-Lindgren, from Lord of Life Lutheran in Maple Grove, preaching about the **new life** of Ruth 4 through the eyes of his 35 years in parish ministry.

Summer Camps

Camp Wapo

Seeds Weekend : July 13 - 15

For campers in completed grades 2 through 3.

Cost is \$165.

Scholarship of \$50 available.

Camp is full - waitlist only.

Youth Camp: Aug. 12-17

For campers in completed grades 4 through 8.

Cost is \$430.

Scholarship of \$150 available.

Peace Retreat

Summer fun for everyone!

August 3-5, for the whole family, at the Koinonia Retreat Center.

Cost for adults is \$120 per night, children ages 7-16 is \$90 per night, children 6 and under are free.

Register through our website, www.peaceofplymouth.org on our News/Events page.

Gifts that Keep Giving:

Students from Peace attending Camp Wapo and the National Youth Gathering this summer will be receive scholarships from two locations: the Spaghetti Dinner and memorials. These scholarships

ensure that any youth from Peace can participate in faith building events like Camp Wapo and the National Youth Gathering. Contact Pastor Kjell or Melissa Weinhandl for scholarship information.

Dominican Republic Mission Trip

From January 30 through February 6, 2019, members of Peace will be traveling in mission to the Dominican Republic. Those participating will 1) work alongside homeowners and local workers to build a new home, 2) interact with local children in a Christian based "Kids' Club" by playing games, putting on Bible story dramas, and making crafts, and 3) interact with the community through

prayer, sharing experiences, worship, and music.

The approximate trip cost includes \$1,100 for in country expenses, \$400 donation per person for construction materials, and \$850 for airfare.

For more information, contact Pastor Kjell or Annie Bonow. There will also be an informational forum held on July 8 at 10am. All are welcome!

THRIVENT CHOICE - HOW YOU CAN HELP PEACE

For Peace members and friends who are Thrivent members, there may be another way you can give to Peace. Thrivent members are eligible for the Thrivent Choice program based on their insurance premiums, Thrivent volunteer leadership involvement and contract values. If a member meets the criteria, they qualify for Thrivent Choice, which allows members to recommend where portions of Thrivent's charitable outreach funds go. Funding goes a long way at Peace, from programming to building up-keep, and we appreciate the gifts given by members and friends. Thank you!

To recommend Peace, Thrivent members will need to log onto their Thrivent account. Once logged in, you can search for Thrivent Choice in the search bar (top right). Once at the Thrivent Choice site, you will click the link at the bottom of the page to find an organization; type in "Peace of Plymouth, Minnesota." You be prompted as to what to do next on the screen. You can also call Thrivent at 800-847-4836.



PARISH NURSE NEWS

Alcohol Use and Abuse

I recently attended a workshop that really opened my eyes to the problems of alcohol abuse in our society and the implications it has.

Statistics state that ½ of all car accident deaths; assaults and child abuse are related to substance abuse. Two thirds of all murders and 1/3 of all suicides are due to substance abuse. 3:10 adults drink at levels that put them at risk for alcoholism, liver disease or other problems. Research now indicates that alcohol increases the risk of some types of cancer, pancreatitis, heart disease, sleep disorders, etc.

The National Institutes of Health recommends that, on any single day, men should have no more than 4 drinks and should have no more than 14 drinks per week. Women should have no more than 3 drinks on any day and no more than 7 drinks per week. Of course, less is better!! If you're over age 65, both men and women should have no more than 3 drinks per day and no more than 7 per week.

Here are some signs that alcohol use may be causing a risk to your health or to those of others:

You've had times when you've had more to drink than you intended to?
You've wished you could drink less, but

aren't able to stop or cut back?

You've taken a risk driving even though you knew you were impaired?

You've continued to drink even when you've felt depressed or anxious.

Your drinking is causing problems with your spouse or family?

Your drinking is interfering with your job; your hobbies; your relationships and you find yourself thinking more about when you can have your next drink than other aspects of your life?

Found that you need to drink more to get the same effect or discovered that when you try to drink less you have withdrawal symptoms such as shaking, mood swings, slow thinking, restlessness, sweating or nausea?

As a faith community, we need to be aware that alcohol abuse affects many persons and families and we want to spread the word that it is a treatable illness. If you, or a family member, is dealing with alcohol (or any substance) abuse problem, you can talk with your pastor or Parish Nurse and we can help refer you to others who can help.

To Your Health,

Sondra

**Peace Notes is a monthly newsletter.
Deadline for submissions is the 20th of the month.**

Pastor — Rev. Kjell Ferris
Communication Specialist — Marta Johnson
Parish Nurse — Sondra Weinzierl

Office Specialist — Chris Bacon
Minister of Music — Stefanie Fiser Kleven
Organist — Ellen Hacker
Childcare Specialists — Brenna Kylo & Olivia Akhigbe

HOT NEWS

JULY

SAVE THE DATE

070818

PEACE ON PARADE!

Peace is marching in the Hamel Parade -
sign up @ Info Desk



DOMINICAN REPUBLIC MISSION TRIP

January 30 through February 6, 2019

*Work alongside locals to build homes
in communities in need.*

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*Informational meeting July 8 @ 10a  
Peace Lutheran Church*



Contact Pastor Kjell or Annie Bonow for more information

## Renewed Joy

YOU ARE INVITED TO  
INFORMATIONAL MEETINGS AT  
PEACE LUTHERAN TO LEARN MORE  
ABOUT THE CAPITAL CAMPAIGN.

Monday, August 6 - 7pm

Sunday, August 12 - 10am

Tuesday, August 14 - 2pm

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## Peace Retreat

Aug. 3-5

Summer fun for  
everyone!



# Events & Notices

## Peace on Parade!

The Hamel Days Parade is coming up - Sunday, July 8! Stick around after church on Sunday, July 8 to get your t-shirt and decorate our float! Be sure to sign up with Pam Johnson after church today if you haven't already done so. There is a sign-up sheet at the Welcome Desk.

## July 10 - Committee Night

On July 10 at 6:30pm, All Committees will meet for a Program Year Planning session.

## Volunteers needed for 40th Anniversary

Volunteers in the following areas are needed for the 40th Anniversary.

- Snacks coordination
- Available for day-of set up and tear down

If you're interested, or would like to help during the 40th Anniversary, please email Marta in the office at [marta@peaceofplymouth.org](mailto:marta@peaceofplymouth.org).

## National Youth Gathering

On June 27, seven youth from Peace went to the National Youth Gathering in Houston, Texas. With a focus on biblical study, community service, and interactive learning, the youth are bound to have a meaningful experience.

When they come home after their trip, the youth will participate in a worship service in July and give a recap of their experience at the National Youth Gathering.

## Peace Retreat

Take a weekend vacation with your Peace family! Devote a weekend to fun, fellowship and renewal at the annual Peace Retreat! Enjoy the company of others from the Peace community while taking-in God's wonderful creation at Koinonia Retreat Center in South Haven, MN (less than an hour from Peace). All ages are invited for a weekend of relaxation and restoration. Register online at [www.peaceofplymouth.org/news-events](http://www.peaceofplymouth.org/news-events).

## Renewed Joy

You are invited to attend an informational meeting about the Capital Campaign Appeal at Peace Lutheran. A sign up sheet is available at the Welcome Desk. Meetings are scheduled for:

Monday August 6, 7p  
Sunday August 12, 10a  
Tuesday August 14, 2p  
Tuesday August 14, 7p

## Activities

### >ROMEO BREAKFAST

Monday, July 2 @ 8a; Perkins

### >BREWING FAITH

Monday, July 9 @ 4:45p  
Rock Elm Tavern

### >QUILTING

Thursdays, July 12 and 26 @ 9a

### >WOMEN'S BREAKFAST

Wednesday, July 18 @ 8a; Panera

### >KNITTING & NEEDLEPOINT

Thursday, July 19 @ 7p; Panera

### >YOGADEVOTION

Mondays @ 5:30p

### >BUNDLES OF LOVE

Thursday, July 26 @ 3pm

# JULY 2018

| Sun                                                   | Mon                      | Tue                                                                           | Wed                        | Thu                                     | Fri                 | Sat                 |
|-------------------------------------------------------|--------------------------|-------------------------------------------------------------------------------|----------------------------|-----------------------------------------|---------------------|---------------------|
| 1<br>9a Worship with Holy Communion                   | 2<br>8a ROMEO            | 3<br>10a Faithfully Fit                                                       | 4<br>Office Closed         | 5                                       | 6                   | 7                   |
| 8<br>9a Worship Hamel Parade                          | 9<br>4:45p Brewing Faith | 10<br>10a Faithfully Fit<br>6:30p All Committee Meeting<br>7p Council Meeting | 11                         | 12<br>9a Quilting                       | 13<br>SEEDS at WAPO | 14<br>SEEDS at WAPO |
| 15<br>9a Worship with Holy Communion<br>SEEDS at WAPO | 16<br>5:30p YogaDevotion | 17                                                                            | 18<br>8a Women's Breakfast | 19<br>7p Knitting & Needlework          | 20                  | 21                  |
| 22<br>9a Worship                                      | 23<br>5:30p YogaDevotion | 24<br>10a Faithfully Fit                                                      | 25<br>9a Newsletter Help   | 26<br>9a Quilting<br>3p Bundles of Love | 27                  | 28                  |
| 29<br>9a Worship with Holy Communion                  | 30<br>5:30p YogaDevotion | 31<br>10a Faithfully Fit                                                      |                            |                                         |                     |                     |



**PEACE**  
LUTHERAN CHURCH





Peace Lutheran Church  
3695 County Road 101 N  
Plymouth, MN 55446-2907  
Peaceofplymouth.org

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# Welcome!

At Peace , people of all ages — children, teens and adults—are a very important part of the faith community. You'll see children in worship, teens serving and families exploring their faith together in Jesus Christ.

Ministries for all ages help people grow in faith, connect in the community and share their strengths by serving others.

**At Peace, there is a place for you!**



## Adults:

- Men's & Women's Breakfast groups, Brewing Faith, Hope Circle
- YogaDevotion, Faithfully Fit & Health Forums
- Knitting, Quilting, Bundles of Love and Needlepoint groups
- Adult Choir, Celebration Singers & Adult Bells
- Serving, Community Garden & Peace Retreat

## Children & Youth:

- Sunday School & Nursery
- Confirmation & Youth Group
- Children's Musical Ensemble & Youth Handbells
- Summer Youth Trip & Children's Day Camp
- Intergenerational Bible Buddies

## SUNDAY MORNING

9:00-10:00am—Worship

10:00-11:00am—Fellowship for All Ages



*Peace is social!*

Find us on Facebook, Twitter and Instagram to stay connected.

**Small for our members, big for our community.**

[www.peaceofplymouth.org](http://www.peaceofplymouth.org) | 763.478.9406 | [peace@peaceofplymouth.org](mailto:peace@peaceofplymouth.org)