

Volume 23, Issue 5 | May 2018

## Sandwiches galore!

On Sunday April 22, members stayed after service to help assemble and package sandwiches will be given to organizations who will give them to people experiencing homelessness. There were almost 1,000 sandwiches made. Great work everyone!





#### **Summer Worship Themes**

This summer, Peace will use the Narrative Lectionary, a four-year cycle of readings that runs from the Sunday after Labor Day to the Day of Pentecost. Each summer contains at least three things - one series from the Old Testament, one series from the New Testament, and one Small Catechism topic (Ten Commandments, Sacraments, Creeds or Lord's Prayer).

#### What is up for this summer?

Four weeks with the Ten Commandments

Four weeks with 1 John

Four weeks with Ruth

Three weeks with Generosity

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## #TENDGODSGARDEN **f**







## #PEACEOFPLYMOUTH

We're trying something new at Peace, and we'd love your help! A few years ago, members at Peace were encouraged to take photos of themselves while on vacation with a sign saying "Peace was here." We're going to try something similar, but with a modern twist. Enter the hashtag.

A hashtag is the pound sign - # - and is used across social media (Facebook, Instagram, Twitter, etc.) to connect different ideas, movements, works and conversations. If you've noticed, sometimes there is #peaceofplymouth at the end of posts online - when you click that hashtag, it shows you all of the content connected to that hashtag. We want to create a collection of posts, not just from Peace, but from our community as well, so we've added the Tend God's Garden plan - #tendgodsgarden - to our arsenal.

Starting now, we encourage you to tag us using either hashtag or both, as you go out into the world and share Peace's message, engage in conversation, or when you do work that is meaningful to you and fulfills your membership with Peace.

#### How can I use our hashtags?

- On family vacation where Peace travels.
- Volunteering your time to help a cause.
- Doing something that "tends your garden."
- Engaging in conversation about faith with family and friends.
- And more! Be creative!

#### Do I have to post a photo?

Nope! If you overhear words of care, find a verse, or something else that you believe speaks to Peace's mission - use our hashtag!

Have questions? Feel free to reach out to our Communication Specialist, Marta, with your questions on using Peace's hashtags by emailing her at marta@peaceofplymouth.org.

#### What does #tendgodsgarden mean?

We are always invited to garden with the Gardener. In other words - we are always invited to tend to our world and help make it a more loving, cared-for place. How will you tend God's garden? How will you, daily, bask in the radiance of God's love and

acceptance of you? Will it be to take time to breathe, walk, say a prayer, or meditate? You know the things that fill you, that make you your true-self, your best self. Take that into your life. How will you be a gardener, tending God's beloved garden? What is a tangible action you will commit to yourself to do that shares God's love with others?



#### Iftar with our Muslim neighbors

Ramadan is a holy month of the Islamic lunar calendar during which Muslims abstain from food and drink from sunrise to sunset. Fasting during Ramadan is one of the "five pillars" of Islam and is performed to learn compassion, selfrestraint, and generosity. A meal called an Iftar breaks the fast each day. In 2018, Ramadan falls between sundown May 15 and June 14. Peace has been invited by the North-West Islamic Center to celebrate an Iftar with them on June 6 at 7:30 pm. To register for the event, go to the link below and scroll to find the Northwest Islamic Center.

http://www.mnchurches.org/respectfulcommunities/interfaithprogramming/takingheart/registration.html

## **Summer Camps**

It's time to start planning for summer camp! There are a few different options available for you and your family: Day Camp at Peace Lutheran, camp at Wapo, or the family Peace Retreat. Links for registration can be found on our website at www.peaceofplymouth.org/news-events.

#### **Bubble-Mania: Day Camp**

Let your faith "BUBBLE!"

June 11— 14

Campers three years old to entering 5th grade are \$40. Helpers in sixth grade through high school are \$10.

Registration is open to nonmembers as well! Spread the word and ask your friends to be a part of Bubble-Mania!

#### Camp Wapo

Seeds Weekend: July 13 - 15
For campers in completed grades
2 through 3. Cost is \$165.
Scholarship of \$50 available.

Youth Camp: Aug. 12-17 For campers in completed grades 4 through 8. Cost is \$430. Scholarship of \$150 available.

#### **Peace Retreat**

Summer fun for everyone! August 3-5, for the whole family, at the Koinonia Retreat Center.

Cost for adults is \$120 per night, children ages 7-16 is \$90 per night, children 6 and under are free.

Register through our website, www.peaceofplymouth.org on our News/Events page.

Contact Pastor Kjell or Melissa Weinhandl for scholarship information.

#### **Welcome New Members!**

#### **David and Erin Jopke**

Erin was confirmed at Peace, so after she and David started attending services a few years they de-

cided it was time to become official members.

David is an RN and works as a Diabetes Educator at Park Nicollet; he enjoys playing golf and sings in a semi-professional choir. Erin is working on her MHRM at St. Mary's University and works as a Senior Benefit Specialist at Benedictine Health System; she enjoys running and cooking. They both enjoy travelling and always have their bags packed and ready to go.

"We're excited to join a community again to continue, grow and strengthen our faith," Erin said.





#### PARISH NURSE NEWS

#### Peace Nursing Notes: Think F.A.S.T.

May is National Stroke Prevention month and with the incidence of strokes increasing in both men and women age 50 and under, it's critical we all know the acronym, F.A.S.T. If you think someone may be having a stroke, also called a "brain attack," quickly assess the situation:

**F (FACE)**—Ask the person to smile. Is he or she unable to smile, or does one side of the mouth droop?

**A (ARMS)**—Ask the person to raise both arms. Is he or she unable to do so, or does one arm drift down?

**S(SPEECH)**—Ask the person to say a simple phrase? Is speech slurred or garbled?

**T(TIME)**—Act quickly! If you see the above symptoms, call 911 immediately. Note the time symptoms began. The sooner treatment begins, the less damage to the brain.

Other stroke symptoms include:

- Sudden numbness or weakness of face, arm or leg.
- Sudden confusion, trouble understanding or speaking.
- Sudden trouble seeing in one or both eyes or blurred vision.
- Sudden dizziness, loss of coordination or balance.

Sudden severe headache with no known cause. Visit stroke.org to learn more or play the "Think FAST game." And check out the health ministry bulletin board for more information.

To your health,

Sondra Weinzierl, Parish Nurse



#### Join Peace in marking storm drains!

On May 6, the youth and other members will mark 62 storm drains around Plymouth. All are welcome to join in and participate! In case of poor weather, there is an indoor plan.

After the storm drains are marked, all are also welcome to head to Fire Station III for a waffle breakfast fundraiser that benefits the Plymouth Fire & Crime Prevention Fund.

Peace Notes is a monthly newsletter. Deadline for submissions is the 20th of the month.

Pastor — Rev. Kjell Ferris Communication Specialist — Marta Johnson Parish Nurse — Sondra Weinzierl Office Specialist — Chris Bacon Interim Choir Director — Sandy Hanna Organist — Ellen Hacker Childcare Specialists — Brenna Kyllo & Olivia Akhigbe

# **HOT NEWS**

# MAY



## #TENDGODSGARDEN

HOW are you sharing Peace's Love?

HOW are you tending god's "Garden"?

SHare WITH US USING THIS HASHTAG!



## **June 11-14**

Campers \$40: 3 years old to entering 5th grade

Helpers \$10: 6th grade to high school



## **Events & Notices**

#### May 6, Outside service project

After worship, take some outdoor time with the Outside Service Project. We will mark Plymouth city storm drains after worship and then head over to the waffle breakfast fundraiser at the Plymouth fire station.

#### May 13, Confirmation Sunday

Celebrate with Peace as we welcome the newest confirmation students and celebrate their accomplishments.

#### May 20, Music Festival

Come hear the Youth Music, Adult Bells and Adult Choir celebrate the Lord in our annual Spring Music Festival. Worship will be filled wondrous music and celebration.

#### **College Graduates**

Do you have a new college graduate in your family? Let the church office know - we'd love to recognize their accomplishment!

#### **Activities**

#### >ROMEO BREAKFAST

Monday, May 7 @ 8a; Perkins

#### >BREWING FAITH

Monday, May 14 @ 4:45p Rock Elm Tavern

#### >QUILTING

Thursdays, May 10 and 24 @ 9a

#### >WOMEN'S BREAKFAST

Wednesday, May 16 @ 8a; Panera

#### >KNITTING & NEEDLEPOINT

Thursday, May 17 @ 7p; Panera

#### >YOGADEVOTION

Mondays @ 5:30p

#### >PEACEFULL NIGHTS

Wednesdays @ 5:30p

#### >BUNDLES OF LOVE

Thursday, May 24 @ 3pm

#### The Daniel Plan Continues!

Join us on Sundays, May 6, June 3, July 1 and August 5 in the Fireside Room from 10:10-11:00 am for a monthly Daniel Plan study. Even if you didn't participate in the Daniel Plan during Lent you can experience the "secret sauce" of a small group that encourages you to take care of yourself in order to serve God and others.

#### Mark you calendars for parades!

Peace will once again participate in two parades this year. The Hamel Days Parade will be on Sunday afternoon, July 8th; the Plymouth Parade will be on Saturday morning, September 22nd. It takes many helpers before the parade, as well as many "marchers" to spread the word about our church to our community. Please consider joining us for either or both of these fun events!

## May 7-8 Faith Science at Colonial Church, Edina

Learn about faith and science in conversation in this two day event at Colonial Church in Edina. Speakers include scientists, ministers and professors, and there will be presenters, including Heidi Ferris from Connect-the-Drops. For more information and to register, visit www.scienceym.org/jesus-rode-adinosaur-faithful-youth-ministry-in-a-scientificage/. Use the code green25 to get \$25 off registration.

#### May 9, Blood Drive

The next Memorial Blood Drive is Wednesday, May 9. David Kleppe will be at the Info Desk on Sundays with a computer so you can register online. You can also sign up at home by visiting www.mbc.org. If you have any questions, feel free to give David a call at 763-331-5452.

#### May 16, PeaceFull Nights

May 16 is the last PeaceFull Nights before summer break! Join us for fellowship and food.

# **MAY 2018**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 12p Staff Meeting 7p Committee Meeting	2 5:30p PeaceFull Nights	3	4	5
6	7	8	9	10	11	12
9a Worship with Holy Communion 10a Daniel Plan Study	8a ROMEO 5:30p YogaDevotion	10a Faithfully Fit 12p Staff Meeting 12:30 Faith & Hope Circles 7p Council Meeting	3p Blood Drive 5:30p PeaceFull Nights	9a Quilting		
13 Mother's Day	14	15	16	17	18	19
Confirmation Sunday 9a Worship 10a Second Sunday	4:45p Brewing Faith 5:30p YogaDevotion	12p Staff Meeting	8a Women's Breakfast 5:30p PeaceFull Nights	7p Knitting & Needlework		
20	21	22	23	24	25	26
Spring Music Festival 9a Worship with Holy Communion	5:30p YogaDevotion	12p Staff Meeting		9a Quilting 3p Bundles of Love		
27	<b>28</b> <i>Memorial Day</i>	29	30	31		
9a Worship	Office Closed	10a Faithfully Fit 12p Staff Meeting	9a Newsletter Help			





Peace Lutheran Church 3695 County Road 101 N Plymouth, MN 55446-2907 Peaceofplymouth.org

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# Welcome!

At Peace, people of all ages — children, teens and adults—are a very important part of the faith community. You'll see children in worship, teens serving and families exploring their faith together in Jesus Christ.

Ministries for all ages help people grow in faith, connect in the community and share their strengths by serving others.

#### At Peace, there is a place for you!



#### Adults:

- Men's & Women's Breakfast groups, Brewing Faith, Hope Circle
- YogaDevotion, Faithfully Fit & Health Forums
- Knitting, Quilting, Bundles of Love and Needlepoint groups
- Adult Choir, Celebration Singers & Adult Bells
- Serving, Community Garden & Peace Retreat

#### **Children & Youth:**

- Sunday School & Nursery
- Confirmation & Youth Group
- Children's Musical Ensemble & Youth Handbells
- Summer Youth Trip & Children's Day Camp
- Intergenerational Bible Buddies

## SUNDAY MORNING

9:00-10:00am—Worship 10:00-11:00am—Fellowship for All Ages



Peace is social!

Find us on Facebook, Twitter and Instagram to stay connected.

Small for our members, big for our community.