



# Peace Notes

PEACE LUTHERAN CHURCH OF PLYMOUTH, MINNESOTA

Volume 19, Issue 9

May 2015

## CONFIRMATION

Sunday, May 3 at 9:00 AM



Our young people are a great witness of faith and God's love! We asked our confirmands a few questions about Peace, and this is what they had to say ...

### MY FIRST MEMORY OF PEACE:

**Brenna Kylo:** Singing in the cherub choir with all the same people who are being confirmed with me.

**Grace Kerbeshian:** Singing in the cherub choir and being one of the loudest ones.

### A FUN / FUNNY MEMORY:

**Madison Stoffel:** When I was young, Olivia Akhigbe and I were up at the children's sermon and we would flip up our dresses and everyone thought it was funny.

**Brandon Brolin:** Running through the church and getting yelled at by all the parents.

**Alyssa Brolin:** When I was the acolyte, the wick of the candle lighter fell off on the altar Bible and almost lit it on fire. Everyone in the congregation held their breath!

### WHY MY FAITH IS IMPORTANT:

**Annika Peterson:** Faith gives light in my life. It also connects me to others.

**Olivia Akhigbe:** Faith helps my actions and decisions. I believe God will guide me and keep me safe. MLK said "Faith is taking the first step, even when you don't see the full staircase."

Our eighth graders are affirming their baptism in worship. We are excited for these young people in their faith journey and look forward to celebrating with them!

## CALL COMMITTEE UPDATE

Congregational Meeting: Sunday, May 10 at 10:00 AM

The Call Committee has completed the interviews and is excited to announce the final candidate for the Life-Long Faith Formation position. A congregational meeting has been scheduled for the sole purpose of voting to move forward on this important step for Peace. Your vote is important ... please attend!

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## Farewell to Benj Cramer

Sunday, May 17

Peace's music director, Benj Cramer, has resigned in order to pursue a Masters of Vocal Music at the University of Aberdeen in Scotland. Benj is very excited about the program and to study with Paul Mealor, the composer of Royal Wedding. Join Benj on his last Sunday, May 17, as Peace's music groups present the Spring Music Festival.

## COUNCIL COLUMN

*Notes from the April 14 meeting:*

As of the end of March, giving continued ahead of budget by \$4,000. Expenses were \$1,000 below budget.

Council continued their discussion of the book, "Balcony Perspectives" and worked toward an understanding of what needs to happen in order to transition into this philosophy.

In unfinished business, a small group will meet in the next month to clarify goals; this will lead into goal setting for the 2015–2016 church year.

Matt Peterson reported that the Call Committee has completed their first round of interviews with candidates for the Life Long Faith Formation position. They will be preparing for a round of second interviews.

In new business, Pastor Kjell reported on the upcoming Confirmation retreat. Three Council members will join the confirmands for breakfast on Saturday morning, April 18, to visit with them about their confirmation and faith experiences.

Committee reports were accepted as previously submitted.

Full, approved meeting minutes can be found in the meeting minute binder in the church office.

*Respectfully submitted,  
Joni Sutton, secretary*

## Peace Notes

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Peace Notes is a monthly newsletter for members and friends of Peace Lutheran Church of Plymouth. The deadline for submissions is the fifteenth of the month prior to publication.

Senior Pastor	Kjell Ferris
Interim Youth & Family	Sue Megrund
Director of Music	Benj Cramer
Organist	Steve Peters
Volunteer Ministries	Judy Lubben
Parish Nurse	Sondra Weinzierl
Office Administrator	Anita Anderson
Newsletter Layout	Donna Daubendiek

# Minneapolis Area Synod Assembly

May 15–16 at Lord of Life Lutheran Church in Ramsey, Minnesota



"The WORD became flesh ... and moved into the neighborhood."

The keynote speaker, Brian McLaren, is internationally known for his ground-breaking work and writings. Pastor Kjell says, "Hearing Brian speak left me refreshed and inspired. One thing he said sticks with me: 'The church's job is to issue permission slips and light fires.' He was talking about giving people permission to dance and light fires that motivate people to go out into their neighborhoods in love."

The delegates from Peace Lutheran are Kevin Moody, Ryan Moody, Matt Peterson, Melissa Weinhandl and Pastor Kjell Ferris. They will explore what it means to be the church in the places we are planted.

## PARISH NURSE NEWS

### Suicide Prevention

No one wants to think or talk about suicide. Yet, each year more than 34,000 individuals take their own lives. Within the last several months, students at our local schools have had to cope with the suicide of both teens and adults.

This is one reason why adults and youth from Peace, St. Barnabas and the community gathered on April 22. They learned more about mental health, suicide and what to do if someone displays signs of depression or suicidal thoughts or behaviors. Sue Megrund and Melissa Weinhandl from Peace, along with colleagues from Peace and St. Barnabas planned the session, which included a speaker and small group discussions.

Almost all suicides are a result of severe depression or mental illness. This is why depression is something that needs to be addressed and treated rather than ignored. While not all suicides can be prevented, we need to be aware of the warning signs, take them seriously, and call for help when we learn of them. Four out of five youth have demonstrated warning signs prior to taking their own life.

- ! **Suicide threats, direct and indirect**
- ! **Obsession with death**
- ! **Increased alcohol and drug use**
- ! **Giving away belongings**
- ! **Dramatic change in personality or appearance**
- ! **Withdrawal**
- ! **Irrational, bizarre behavior**
- ! **Overwhelming sense of guilt, shame or rejection**
- ! **Changed eating or sleeping patterns**
- ! **Severe drop in school performance**

As a Christian community, we are all called to be aware and compassionate about mental illness, reduce the fear and stigma so often associated with it, and seek professional help when it occurs. If you or someone you know is showing these signs or you are concerned about suicide, call 1-800-273-8255 (The National Suicide Prevention Lifeline) or 911 immediately.

# Congratulations 2015 Graduates!

Recognition Sunday, May 31 at 9:00 AM



**Kia Birnbaum** graduates from Wayzata High School. She has achieved her Girl Scout Gold Award and finished Project Opera. Other interests include reading, volunteering at the library, and playing french horn. Kia is currently undecided on her college and will pursue a career in engineering. You will see her at church with the Celebration Singers and Handbell Choir.



**Maddy Johnson** graduates from Wayzata High School. She is a member of the girls hockey team and played on the varsity team her senior year. Maddy is an accomplished pianist and enjoys creating pottery. She is undecided on her college and her studies will include nutrition.



**Annika Trooien Isbell** graduates from Wayzata High School. In the fall, Annika is going to attend St. Olaf College, in Northfield, MN. She will be active in the theater department and choral program, and is undecided about a major at this point.

## Children & Youth Ministry Volunteer Recognition

Sunday, May 10

It is hard to believe this year has flown by so quickly! Our last day of Confirmation is Wednesday, April 29, and the last day of Sunday School is May 10! We had a wonderful year together, and without the help of many volunteers, including our teachers and small group guides, the ministry would not be a success. So on Sunday, May 10, we will honor all of our volunteers in worship. If you have helped with any of the ministries with young people this year, please come for this recognition. If you are unable to attend, please let us know so we can share a token of our appreciation! Thank you volunteers!



## Blessing of the Bicycles

Sunday, May 17  
following 9:00 AM Worship

Peace will kick off the summer bicycle season with a blessing! All ages are invited to bring his or her bicycle to church for a blessing after worship. Kids are also welcome to decorate their bike for this festive event! This will coincide with a pancake breakfast benefit for TreeHouse. The event will be held in the parking lot area between Greenwood Elementary and the church. In the case of rain, we will bring it in the fellowship hall.

## Music at Peace

Steve Peters, Peace's organist and accompanist, is increasing his work with the planning and preparation of worship as the music staff positions are evaluated. Check out the June newsletter for more information.



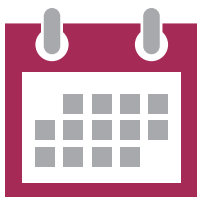


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## DO YOU WANT TO KNOW WHAT'S HAPPENING AT PEACE?

Go to [peaceofplymouth.org](http://peaceofplymouth.org) under News/Events to find the most up-to-date calendar information.

## IOCP Exceeds Goals in Prevent Hunger Campaign

Peace members donated 509 pounds of food and nearly \$650 toward their \$100,000 goal. Thank you for your generosity in preventing hunger in our community!



## Rummage & Bake Sale

Wednesday, April 29 from 5:00–8:00 PM (For Peace Members)

Thursday, April 30–Friday, May 1 from 8:00 AM–6:00 PM

Saturday, May 2 from 8:00 AM–Noon

Please join us for fun and great deals!

### MEMORY QUILT

This year at our Rummage Sale, we will be offering a unique item for Silent Auction. Vern Miller has donated a quilt in memory of his loving wife, Jean Miller. Jean was a gifted, creative seamstress and enjoyed making quilts. This quilt measures 75 x 98, and is the last quilt she made. It will belong to the highest bidder.

MAY

# hot sheet

What's hot and happenin' at Peace!

## OWLS

(Older, Wiser, Lutheran Seniors)

### Feed My Starving Children

Thursday, May 7

Meet at 9:00 AM at Peace Lutheran to organize carpools. We will eat lunch at Houlihan's in Chanhassen after our work session. Sign up on the bulletin board at church.

### Old Log Theater

Wednesday, May 27

Sign up to go see the musical comedy, Dirty Rotten Scoundrels. Lunch is at 11:30 AM and the play is at 1:30 PM. The price is \$45.04 for general seating. Please sign up on the bulletin board at church. Registration deadline is Sunday, May 10. See Peggy Hedtke with questions 763-475-2087.



### HIGHWAY CLEAN-UP

Saturday, May 30 from 8:00–10:00 AM

Sign up and let us know you will help!

### BLOOD DRIVE



Sunday, June 28 from 8:00–11:00 AM

## Youth



### Jesus Rocks Day Camp at Peace:

### Say What!? The Parables of Jesus!

June 15–18 from 9:00 AM–3:00 PM

#### Are you ready to rock?

Get your all-access pass to the hottest show in town! Join the ROCK STAR camp counselors from Luther Park Bible Camp and learn some rockin' cool stories that Jesus told!

Day camp costs \$30 per camper and \$10 per youth helper. Camp is open to all children preschool (at least 3 years old and potty trained) through 5th grade.

Youth and adult volunteers are always appreciated. Contact Melissa Weinhandl or Sue Megrund for more information.

#### BOGO promotion:

Sign up and bring a friend (non-member of Peace) for free!

**Register online or at church by Sunday, May 17 for a \$5 off VIP discount!**



### Family Camp Weekend Retreat

August 14–16

All are invited to come to Camp Wapogasset Lutheran Bible Camp for a weekend of fun and fellowship! You don't have to have little kids to come to this retreat. Singles and couples are welcome to attend! A deposit of \$75 is due Sunday, May 31 to make your reservation.

Family camp is the perfect opportunity to get away for the weekend for a time of renewal before school and other fall activities restart.

We will be staying in a retreat center with hotel style lodging. Meals are included and will be served in a dining hall. We will have Bible studies, a family art project, worship and plenty of free time to explore the camp, swim in the lake, and enjoy the company of our families.

Contact Melissa Weinhandl at [mlweinhandl@gmail.com](mailto:mlweinhandl@gmail.com) or 952-484-9859. Check out Camp Wapo at [campwapo.org](http://campwapo.org).

# May 2015

Calendar of Peace Lutheran Church of Plymouth

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>The Qué Tal Language Program meets at Peace school days from 2:20 to 3:40 p.m.</p> <p>TreeHouse meets at Peace on Tuesdays and Thursdays from 5 to 9 p.m.</p>					<b>1</b> Rummage Sale and Bake Sale 8 am to 6 pm	<b>2</b> Rummage Sale And Bake Sale 8 am to 12 noon Noon Clean-Up
<b>3</b> Easter 5 Confirmation Day 9:00 a Worship 10:15 a S. School	<b>4</b> 8:00 a ROMEO (meets at Perkins) 5:30 p Yoga Devotion Class	<b>5</b> 10a Faithfully Fit 12:30 p Staff Mtg 7:00 p All-Church Committee Night	<b>6</b> 6:45p Celebration Singers 7:45p Senior Choir Handbell Choir	<b>7</b> 9:00 a OWLS Feed My Starving Children	<b>8</b> 2:30 p Girl Scout Troop #14192	<b>9</b> 9:00 a Yoga Devotion Class
<b>10</b> Easter 6 Mother's Day Blood Pressure Checks 9:00 a Worship 10 a Congregation Meeting 10:15 a S. School	<b>11</b> 5:30 p Yoga Devotion Class 6:00 p Girl Scout Troop #15036	<b>12</b> 10.a Faithfully Fit 12:30 p Staff Mtg 12:30 p Faith and Hope Circle 7:00 p Congregation Council Meeting	<b>13</b> 6:45p Celebration Singers 7:45p Senior Choir Handbell Choir	<b>14</b> 9:00 a Quilting	<b>15</b> Newsletter Deadline	<b>16</b> 9:00 a Yoga Devotion Class
<b>17</b> Easter 7 9:00 a Worship 10 a Blessing of the Bicycles Farewell B Cramer 1:00 p Recital (Belssar)	<b>18</b> 5:30 p Yoga Devotion Class 6:00 p Girl Scout Troop #14513	<b>19</b> 12:30 p Staff Mtg	<b>20</b> 8:00 a Women's Breakfast Club	<b>21</b> 7:00 p Knitting Club (at Panera Bread)	<b>22</b> 2:30 p Girl Scout Troop #14192	<b>23</b>
<b>24</b> Day of Pentecost 9:00 a Worship	<b>25</b> Memorial Day Church Office Closed	<b>26</b> 9:00 a Quilting 12:30 p Staff Mtg	<b>27</b> 10:30 a OWLS Meet to carpool Old Log Theater	<b>28</b>	<b>29</b>	<b>30</b> 8:00 a Highway 55 Clean-Up 9:00 a Yoga Devotion Class
<b>31</b> Holy Trinity 9:00 a Worship Farewell Sue Megrund 4:00 p Concert						

## Sunday Worship



**May 3 — Fifth Sunday of Easter**  
Confirmation Day  
9:00 am Worship with Holy Communion

**May 17 — Seventh Sunday of Easter**  
Music Festival  
9:00 am Worship with Holy Communion

**May 10 — Sixth Sunday of Easter**  
9:00 am Worship  
10:00 am Congregation Meeting

**May 24 — Day of Pentecost**  
9:00 am Worship

**May 31 — Holy Trinity**  
Graduate Recognition  
9:00 am Worship with Holy Communion

April 20, 2015